



ITAMBIRA ISLAND

Seeds of Hope

Menu

Starters

Home made soups with toast	10,000
Chicken wings in BBQ sauce	12,000
Guacamole with chapatti	12,000

Mains

Vegetarian

Omelette (3 eggs) - plain, cheese, tomato, Spanish (v)	10,000
Matoke and groundnut sauce (v)	15,000
Spaghetti Napolitana (v)	17,000
Vegetable Fried Rice (v)	17,000
Vegetable Katogo (v)	17,000
Savoury pancakes (v)	20,000
Vegetable Curry (v)	20,000
Vegetable Chilli (v)	20,000

Pizzas and Pasta

Pizza Margareta	20,000
Baked Pasta	20,000
Pizza (Vegetarian, pineapple chicken etc.)	25,000
Spaghetti penne bolognaise	20,000
Penne Arrabiata	20,000
Spaghetti Carbonara	22,000

Chicken dishes

Chicken savoury pancakes	20,000
Chicken Stir Fry	22,000
Chicken Katogo	23,000
Chicken and Chips (or rice, or roasted potatoes)	25,000
Chicken Curry and Rice	25,000
Chicken Kebabs x4	25,000
Chicken Tikka Masala	30,000

Beef dishes

Beef Curry and Rice	20,000
Beef Stew with Rice or Chips	20,000
Beef Steak and Chips (or rice, or roasted potatoes) (with pepper sauce - optional)	25,000
Beef Stroganoff and Rice	25,000
Beef Kebabs x4	25,000
Chilli Con Carne	25,000

Fish dishes

Crayfish Curry (40 mins)	25,000
Fish Fillet and Chips	30,000

Salads

Coleslaw	8,000
Avocado	10,000
Tomato and Onion	10,000
Potato	10,000
Pasta	12,000

Side Dishes

Plain chips	10,000
Sweet Potato Chips	10,000
Spiced Chips	12,000
Banana chip (matoke)	12,000
Matoke	10,000
Rice	10,000
Gnut sauce (Peanut)	10,000
Chapatti	2,000
Seasonal Vegetables	10,000
Ugali	10,000

Desserts

Pancakes (various fillings - banana chocolate, or plain)	10,000
Fruit Fritters (banana or pineapple)	10,000
Fresh Fruit	10,000
Fruit Salad	10,000

Snacks

Roasted Gnuts (peanuts)	7,000
Samosas (Veg x3)	8,000
Spring rolls (veg x3)	8,000
Egg Sandwich (toasted)	8,000
Cheese sandwich (toasted)	8,000
Tuna Sandwich (toasted)	13,000
Vegetable sandwich (toasted)	13,000
Chicken sandwich (toasted)	13,000
Sausage (x2) and chips	13,000
Toast	3,000
Rolex	12,000

Set Meal of the day

2 courses including main and either starter or dessert 35,000

Enjoy your meal!

Drinks

Cold Drinks

Fresh Fruit Juice	10,000
Soda (various)	3,000
Cocktail juice	12,000
Beers	5,000
Wine (glass)	10,000
Spirits (various)	please ask
Water (bottled - small 500ml)	2,000
Water (bottled - large 1.5 litres)	4,000
Cold milk	6,000
Milkshake	12,000

Cocktails

Itambira Sling	20,000
Pina Kakooko	20,000
Kabale Koola	20,000
Boozy Bunyonyi	20,000

Hot Drinks

Africa tea	7,000
English Tea	6,000
Lemon Tea	6,000
Fresh Ugandan Coffee (Cafetiere)	7,000
Hot Chocolate	10,000
Hot Milk	7,000

Breakfast Menu

Continental Breakfast

Available for those on 'room only'

Fresh fruit, toast/bread, with jam/honey, fruit juice,
eggs or pancakes, tea/coffee

32,000

(Continental breakfast is included for those on Full Board
or Half Board)

AL A Carte Breakfast

Omelette - plain, cheeses, Spanish	10,000
Fried eggs x2	10,000
Boiled eggs x2	10,000
Scrambled eggs x2	10,000
Sausages (when available) x2	6,000
Pancakes	10,000
Fresh Fruit	10,000
Toast/Bread	3,000
Fruit Juice	10,000
Africa Tea	7,000
English Tea	6,000
Lemon Tea	6,000
Fresh Ugandan Coffee (Cafetiere)	7,000
Hot Chocolate	10,000
Hot Milk	7,000