

## Sustainable Land Management

Partnerships with local farmers share methods to increase yields and help with marketing to maximise returns. Demonstration plots on Itambira help us to show what is possible.



## Social Cohesion

Marriage Enhancement courses bringing couples together to address family issues.



## Guest Facilities

### Come and Stay!

Tourism facilities raise funds to offset the training costs and enable the project to become self-sustaining in the long term. Accommodation includes tree houses and round houses with stunning lake views.



## Contact Us

To find out more on how to support the projects please contact:

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Booking.com  airbnb

Itambira Island Seeds of Hope partners with  
Itambira Island Seeds of Hope (UK registered Charity)



# ITAMBIRA ISLAND

## Seeds of Hope



**Transforming lives of families & communities  
around Lake Bunyonyi**

'He leads me beside still waters, he restores my soul.'

Psalm 23

[www.bunyonyilake.com](http://www.bunyonyilake.com)



## About Us

Itambira Island Seeds of Hope is a not for profit, non-government organisation based on Itambira Island on Lake Bunyonyi.



## The Vision

An empowered community where the vulnerable and disadvantaged members realise their full potential and share in the love of God to live in peace and harmony.

## Mission Statement

To provide local communities with opportunities for learning, with the aim of transforming their lives - physically, economically and spiritually. The project comprises 2 key elements

1. Livelihood improvement training programme .
2. Tourism facilities to raise funds

## Livelihood Improvement

### 5 Training Programmes

As a registered Community based Organisation. we deliver training programmes in 5 core areas to empower the local community and improve their quality of life .

### Increased Income

With limited space for expansion of agriculture we are looking at other means to help increase family income.

### Micro Finance

Training and groups to help families with savings and small loans to enhance long term family income and improve livelihoods.

### Craft Group

'Making a variety of good quality items: patchwork aprons, bags, baskets, mats, bowls...

### Mushroom Growing

Space-efficient with a ready market in resorts around the lake.

## Food Security & Nutrition

Training courses, especially for young mothers in the importance of a healthy diet, regular meals, cooking food properly.



## Water Sanitation & Hygiene

### Rainwater Harvesting

Collecting water off the iron roofs saves time and energy spent climbing steep slopes to the lake each day. Water is cleaner than in the lake and regularly available when managed well.



Families contribute to building with labour and local resources. Training on construction, sanitation and hygiene are included. Cost of a tank is £300. Demand is great and donations welcome.