

Gifts to transform lives this Christmas.

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ITAMBIRA ISLAND
Seeds of Hope



He leads me beside quiet waters, he restores my soul – Psalm 23

'The mission of Itambira Island Seeds of Hope is to provide the communities around Lake Bunyonyi with opportunities for learning with the aim of transforming their lives physically, economically and spiritually.'

Itambira Island Trust (UK registered charity 1167127) partners with Itambira Island Seeds of Hope to raise awareness and support.

www.bunyonyilake.com

Are you struggling to find gifts for friends and family? Why not use the opportunity to bring hope and show love to families around Lake Bunyonyi in SW Uganda. A gift will help us transform the lives of those around Lake Bunyonyi through Itambira Island Seeds of Hope. Items below are those particularly requested by the local community...

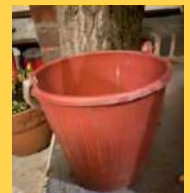


Jerrycan, Basin and

Essential for collecting and carrying water from the lake – an arduous daily task which can take 2 hours.



For so many purposes in the home where there is no running water – washing clothes, personal hygiene...



Household Essentials £8

Jerry can + Basin + bucket

Panga £3

Essential agricultural tool for cutting.



Hoe £5

Digging is all done with a hoe – essential for rural families to plant and harvest. Most families survive on subsistence agriculture.



Reading Glasses £3

To help with reading and writing, sewing and so many daily tasks... especially needed by older people. Life transforming!

Fruit tree saplings.
£10



Saucepan £15

For cooking family meals – usually on a small wood fire or charcoal stove.





Mattress £25

Much needed by everyone everywhere!



School materials
- books pencils,
desks and classroom
improvement

£ 50 (or more...)

Classes are often 50 + children. Many classrooms have no floor and walls are bare bricks.



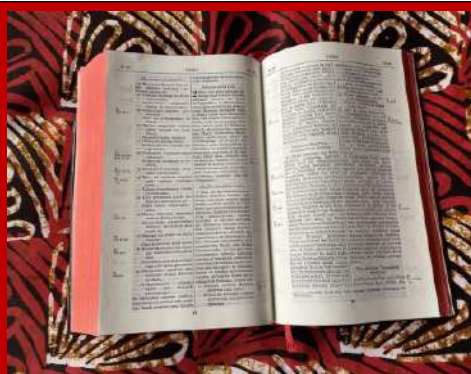
Blanket £15

Although near the Equator, at over 2000 m (6,000 ft) it gets cold at night!



Water tank £300

Providing access to water without the time and labour of climbing the steep slopes to the lake each day. Beneficiaries help build the tank and the cost includes training - thus gaining a skill, and training in health and hygiene.



Rukiga Bible £12

Bible in the local language
- Many do not have a Bible and such a gift would be so much appreciated at Christmas and always.

How to order: Please send your order to: **Itambira Island Trust**,
10, Oaklands Rd, Sutton Coldfield B74 2TB

Gifts	Unit cost	Number	Total
Household essentials - jerry can basin and bucket	£8		
Hoes	£5		
Panga	£3		
Fruit tree saplings	£10		
Reading glasses with case	£3		
Mattress	£25		
Blanket	£15		
Saucepans	£15		
School materials	£50		
Water tank (or donation towards a tank)	£300		
Rukiga Bible	£12		
General donation to IISOH			
Total	-----		

How to pay:

- By cheque to "Itambira Island Trust"
- By online payment: Itambira Island Trust
Sort code: 30-98-37 Account No. 48241160

Gift Aid:

If you are a UK taxpayer, you can increase your gift by 25%. If you have not registered, please request a gift aid form with your order

Free 'Gift cards' can be supplied for you to give to others....

Online Hard copy. Number

Your details: Name.....

Email:.....

Address:.....

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..... Post Code.....