

An opportunity  
to provide gifts  
which will help  
transform lives  
this  
Christmas...



*He leads me beside quiet waters, he restores my soul - Psalm 23*

'The mission of Itambira Island Seeds of Hope is to provide the communities around Lake Bunyonyi with opportunities for learning with the aim of transforming their lives physically, economically and spiritually.'

**Itambira Island Trust** (UK registered charity 1167127) partners with Itambira Island Seeds of Hope to raise awareness and support.

[www.bunyonyilake.com](http://www.bunyonyilake.com)

Are you struggling to find gifts for friends and family? Why not use the opportunity to bring hope and show love to families around Lake Bunyonyi in SW Uganda. A gift will help us in transforming the lives of those around Lake Bunyonyi through Itambira Island Seeds of Hope.

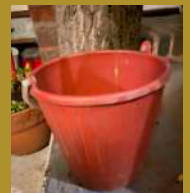


## Household Essentials - Jerrycan, Basin & Bucket

Essential for collecting and carrying water from the lake - an arduous daily task



For so many purposes in the home - washing clothes, personal hygiene...



## Household Essentials £8

Jerry can + Basin + bucket

## Panga £2

Essential agricultural tool for cutting and sharpening



## Hoe £5

Digging is all done with a hoe - essential for rural families to plant and harvest



## Reading Glasses

£3

To help with reading and writing, sewing and so many daily tasks... especially needed by older people.

## Saucepan

£15

For cooking family meals





### Mattress £25

Much needed by everyone everywhere!



### School books pens and pencils £ 45

Notebooks and pencils for a class of 48 in a village school or Seeds of Hope training



### Blanket £15

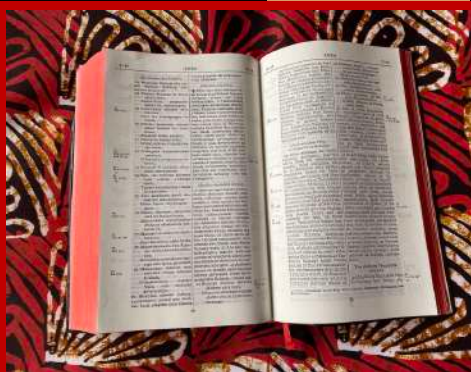
At over 2000 m (6,000 ft) it gets cold at night!

### Training Courses



### Water tank £300

Providing access to water without the time and labour of climbing the steep slopes to the lake each day. Beneficiaries help build the tank and the cost includes training - thus gaining a skill



### Rukiga Bible £12

Bible in the local language - Many do not have a Bible and such a gift would be so much appreciated at Christmas

**How to order:** Please send your order to:

**Itambira Island Trust, 10, Oaklands Rd, Sutton Coldfield B74 2TB**

Gifts	Unit cost	Number	Total
Household essentials - jerry can basin and bucket	£8		
Hoes	£5		
Panga	£2		
Reading glasses with case	£3		
Mattress	£25		
Blanket	£15		
Saucepans	£15		
School notebooks and pencils/pens	£45		
Water tank	£300		
Rukiga Bible	£12		
Donation towards training courses			
Any additional donation towards the work of IISOH			
<b>Total</b>	---		

**How to pay:**

- By cheque to "Itambira Island Trust"
- By online payment: use our payment link <https://pay.sumup.com/b2c/QTUDCJQU> or email IIT@bunyonyilake.com for bank transfer details

**Gift Aid:**

☐ If you are a UK taxpayer you can increase your gift by 25%. If you have not registered please request a gift aid form with your order

Free 'Gift cards' can be supplied for you to give to others...

Please tick if required. ☐ Number ☐

**Your details:**

Name.....

Email:.....

Address:.....

..... Post Code.....